



CPR FAQ'S

How long are the CPR certifications valid?

All of our certifications are valid for 2 years

What should I wear for my CPR class?

The class involves hands-on practice so it is best if you wear comfortable clothes that you can move around in. If you have long hair it's best to wear it back.

Will Heart to Heart CTC come to my office to teach us CPR?

Yes, we can come to you for 5 or more students

How do I pay for the class?

You can register on-line 24 hours a day at our registration page, or you may pay by check, money order, or credit card by phone or in person .

Who will teach my class?

Your class will be taught by one of our Registered nurses, LPN's, CPht's, paramedics, or EMTs.

When will I receive my card?

At the completion of the class you will receive a course completion certificate that you can present to you employer. Your card will be mailed to you within 4 weeks . If needed, employers can always call our office 757-229-0919 for verification anytime!

Are your CPR courses certified through the American Heart Association?

Yes! All of our courses are based on the American Heart Association Guidelines.

When are classes held?

We can come to your office for classes of 5 students or more. We offer BLS classes on the first Saturday of every month and Heartsavers CPR (First Aide optional) on the third Saturday of each month as long as we have at least 4 students. Call the office to sign up and verify class dates 757-229-0919.



Online vs. Classroom And Onsite Training

Classroom Course: Class location provided by Heart to Heart CTC

On-site training: Class location provided by the learner (5 or more students required for on-site training)

Online CPR and/or First Aid training:

Complete the on-line portion at your own pace, bring in your completion certificate and come in for the skills check (skills check typically takes less than 1 hour). The combination of the on-line section plus the skills check earns the same CPR card as the classroom course.

Travel Fee: \$25.00 for all off site classes (5 student minimum)